THIRUPATHISARAM-629 901,

## ANNUAL REPORT - 2003

## I Name of the Organization:

Kanyakumari Rural Development Society

## II Aim of the Project:

This Project has been implemented with the aim to prevent and rehabilitates the disabled ages and also to uplift the standard of living of the mentally disabled children in the society.

## III Reporting period:

From 1-4-2003 to 31-3-2004

## IV Project undertaken:

1. School for the Mentally Retarded, Thirupathisaram.
2. The Spastics Center of Kanyakumari – Nagercoil.
3. Blossom Hostel for the mentally Retarded.
4. Resource Development Department.
5. Orthotic Department.
6. Community Based Rehabilitation Programs.
7. Networking.
8. Orientation to Government and other Department staff.

## V Activities Cariedout:

1. Regular personal contacts.
2. Providing special education.
3. To bring all the mentally disabled children to the special school.
4. Meeting the parents of the PWD children.
5. Parents Association meetings.
6. Celebration of feasts and functions.
7. Giving cultural program Training to the children.
8. Conducting of Disability Awareness Trainings/seminars.
9. Fundraising.
10. Training the staff of the program.
11. Conducting of staff meetings.
12. Training program for new staff.
13. Preparation of Aids and appliances and repairing them.
14. Giving physiotherapy to the CP/spastic children.
15. Attending other department meetings.
16. Attending outside training.
17. Training the staff of other NGOS.
18. Conducting of co-ordinators meetings.
19. Conducting of Evaluations.
20. Taking the children to picnics.
21. Health camps for the children.

VI Through whom the activities were carried out:

The parents of the disabled children, the disabled people, the staff of the

program helped to carryout the activities.

## VII Activities Completed:

1. **Regular personal contact**:

# The disabled children/persons have been visited regularly every month at their house situation. After knowing their home situation, they have been provided with rehabilitation activities in the respective centre. This year 1326 mentally disabled children have been met in 4861 visits during the home visits by our staff.

## Special Education

# In order to prevent the sufferings of the mentally disabled children in their later ages, Special Education have been provided.

This year we have 52 mentally challenged children in ‘THE SCHOOL FOR THE MENTALLY RETARDED’. There children hail from very poor families and hence they are provided with residential care along with Special Education and vocational Training.

We have, 126 mentally disabled children attending our day care school ‘SPASTI’ SPASTICS CENTRE OF KANYAKUMARI.

We have 7 children in our BLOSSOM HOSTEL FOR THE MENTALLY RETARDED and we are providing round the clock care to these children.

## To give motivation to the parents.

We have more than 450 mentally retarded children in our

Project area. The parents of these children are not aware of the problems faced in the later ages of their children. Hence continuous motivation has been given to the parents to bring out these mentally challenged children and to make them attend special school and thus we aim at their altitudinal and behavioral changes.

## Orientation to the parents of the Disabled Children :

#### The parents of the disabled children have been met at their respective houses and they have been given orientation on disability its causes and effects and the means to prevent them.

## Parents Associations

##### The parents have been enabled to meet with each other and discuss the problems they face while having a disabled child. This also helps to understand each other and to know to tackle the problems, the information’s about new methodologies of treatments, to phase out social problems etc., This year we had 4 parents meetings at SPASTI and 11 parents meetings at School for the Mentally Retarded and 22 meetings at CBR Programs.

## Celebration of Fests and Festivals

On 13-1-2003 Pongal was celebrated at school for the mentally Retarded.

On 26-1-2003 Republic Day was Celebrated at school for the mentally

retarded.

On 26-1-2003 Republic Day was Celebrated at SPASTI.

On 22-2-2003 School Day was Celebrated at SPASTI.

On 22-12-2003 X-mas Day was Celebrated at SPASTI.

On 22-12-2003 X-mas was celebrated at school for the mentally Retarded.

Our children attended the District level celebration of the world Day of the

Disabled and won 8 prizes for the completions.

On 22-2-2003 School Day was celebrated at School for the Mentally Retarded.

On 2-11-2003 the Annual Day was celebrated at BLOSSOM HOSTEL FOR

THE MENTALLY RETARDED.All these feasts and festivals have been celebrated

to bring out the talents hidden within the students and also to make these children and

their parents enjoy seeing the programs on the stage.

## Training of Cultural Programs:

##### Children can be taught easily through cultural activities. Hence cultural programs training forms part of our Curriculum. With the aim to form a cultural team we have been giving them training on cultural activities and help them stage cultural programs.

## Conducting of Disability Awareness trainings/seminars:

With the aim to give awareness to the general public, the Disabled persons themselves and also their parents, on disability, its causes and prevention, Disability Awareness trainings/seminars have been conducted to various groups in the project Area. Information on disability prevention, causes, rehabilitation through Government and Voluntary sector for the five major disabilities has been dealt with in these Disability Awareness trainings/ seminars. This year the following trainings have been conducted

|  |  |  |  |
| --- | --- | --- | --- |
| Sl. No | Name of the Group | No of Training’s conducted | Total persons |
| 1  2  3  4  5  6  7  8  9 | Sangas(youthclub, mahilamandals religious goups etc)  School Teachers  Local body Members  Village Leaders  Village Elders  Students  Parents of the PWS’s  Persons with Disabilities  Staff of NGOs. | 76  21  18  6  11  6  13  14  7 | 1482  247  216  93  169  231  327  238  137 |

## Fundraising:

Since KARD has been running the School for the Mentally Retarded through voluntary contributions, we have started the Resource Development Department with the aim to help the program in fundraising. We have been running the program as “community Contributed Program” and hence the staff of the program receives contributions both in cash and also in kind. We receive meals, used and new dress, the play materials for the children, etc., apart from the cash for the maintenance. This year we have 79 donors of various kinds.

## Training for the staff:

In order to equip the staff of the program with the current knowledge on disability and Rehabilitation, we have been giving training to them. This helps them to understand disability, disabled people and their society which helps them to carryout rehabilitation activities successfully. This year we have conducted three training programs of six days each. Also we have conducted two physiotherapy trainings to our staff in order to acquire skills on physiotherapy.

## Staff Meetings:

We have conducted at least one staff meeting every month. This helps our staff to co-ordinate the program activities and there by carryout the activities by understanding the program and the follow staff and also by extracting co-operation from their colleagues.

## Training Program for New Staff:

Since this program does not get appreciation and co-operation from the public, and since disability is not an accepted area by the community people, we get very little staff for the program. The staff who join for work leave the job in between – within a few days of joining the job saying that they cannot work for such disabled people. KARD has overcome this problem by training the applicants in advance and we give ample time for them to decide, after that they have to do voluntary work in our organization for a months period. Hence the training we give prior to this voluntary work period is a sort of orientation to our staff. We have conducted two training programs this year and thirty one persons have been given training.

## Aids and Appliance:

We have been conducting screening camps in the villages for various disabilities. The tabular column given below gives details.

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Sl. No | Name of the camp | No. of camps | Total screened | Appliance provided | Repaired | Surgery | Referral |
| 1  2  3  4  5  6 | Ortho  Visual impairment  Hearing Impairment  Skin camp  MR/CP camps  General | 6  6  3  3  11  7 | 173  391  74  161  267  316 | 19  37  3  21  7  -- | 96  --  --  9  7  -- | --  17  --  --  --  -- | 16  51  6  3  16  3 |

Since we have two well equipped ortho workshops and well trained and experienced Ortho Technicians, we have been preparing the new appliances and doing the repairing work in our ortho workshop itself.

## Physiotherapy:

We have engaged ourselves in giving physiotherapy to the spastic and CP children. Since we aim at their independent mobility, we have been giving physiotherapy. This year 62 children have been given physiotherapy regularly in our centre. This helps the children in their mobility and also in using their mobility appliance correctly.

## Attending other department meetings:

Our children along with the staff of the program have attended the World Day of the Disabled conducted by the District Disabled Rehab. Department.

On 7-2-03 our staff attended the meeting conducted by the Rehab. Department on “Need for Sidha Medicines” at Animation Centre, Bishops House, Nagercoil.

Our Staff attended “Mental Health Meeting” for the NGOs convened by the district administration at he district collect orate.

Our staff attended the “Mental Health Co-ordination Committee Meeting” conducted at the collectorate on 29-2-01.

Our staff attended the “District Consultation Meeting” on 24-6-03 conducted by Tamil Nadu Voluntary Health Association at Animation Centre, Bishops House, Nagercoil.

## Attending Outside Training:

Our staff had attended the training program conducted by THVHA(Tamil Nadu Voluntary Health Association) on 29th and 30th January 2003.

On 21st and 22nd our staff had attended the training program conducted by SCARF, Chennai on Rehab. Methods for MI and MR persons.

(P) Giving Training to other NGO staff

On 14-2-2003 training program on “Disability Awareness” was given to the staff of CREED, VINNARASU, MALAR, CBH – all NGO’s in K.K. District. A total of 16 staff of the above mentioned NGO’s have been trained.

On 27th & 28th February 2003 the NGO representatives for Tirunelveli, Karur, Theni and Kanyakumari districts have been given training on “Disability Awareness and new born baby screening skills at Stella Maris Institute of Developmental studies Kanyakumari. A total of 28 members attended the training.

On 12-5-2003 a total of 43 members have been given training on “Disability Awareness and Rehabilitation” to the staff of CREED – an NGO in Kanyakumari District.

With the help of Tamil Nadu Government and World Bank training program on “Disability Prevention and Rehabilitation” have been conducted to the staff of Integrated Child Development Scheme (ICDS) Tamil Nadu Government. These training programs have been conducted to the ICDS staff of Kanyakumari Tuticorin, Virudhunager, Madurai and Theni Districts. The following tabular column gives the details.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Sl.No | Name of the District | Date of Training | Total attended | No. of days conducted |
| 1  2  3  4  5 | Kanyakumari  Tuticorin  Virudhunagar  Madurai  Batch (I)  Batch (II)  Theni | 7-7-03 to 17-7-03  21-7-03 to3-8-03  4-8-03 to14-8-03  18-8-03 to29-8-03  1-9-03 to 11-9-03  15-9-03 to 25-9-03 | 24  30  20  29  25  30 | 10 days  10 days  10 days  10 days  10 days  10 days |

## (Q) Co-ordinators Meetings:

In order to carryout a co-ordinated work the co-ordinators of various projects of KARD meet together every month to share their experience in their work. These co-ordinators meeting provides an understanding among the co-ordinators of the projects of KARD and also a transparency about our activities. In this respect we have conducted twelve co-ordinators meetings this year.

## (R) Evaluation of Project Activities:

Every month the project staff sit together to review and plan out the activities. This helps the program staff to carryout the planned work effectively.

## (VIII) Networking:

KARD is a member of a few networks also both district level and state level. KARD has also initiated its efforts to co-ordinate the NGOs working for the disabled in Kanyakumari. In the future years, we have decided to co-ordinate the NGOs working for the disabled in the southern districts of Tamil Nadu.

## (IX) Furture Plan of Activities:

1. Regular Personal contact with PWD’s.
2. Providing Special Education.
3. To bring the children out from their houses.
4. To meet the parents.
5. Conducting of parents Associations.
6. Cultural program training.
7. To celebrate feasts and functions.
8. Conducting of Disability Awareness Trainings/Seminars
9. Fundraising.
10. Training for the program staff.
11. Conducting of staff meeting.
12. Orientation to new staff.
13. Providing of mobility appliance.
14. Physiotherapy.
15. Attending other department activities.
16. Conducting of screening camps.
17. Training to other NGO staff.
18. Imparting outside training’s.
19. Conducting monthly co-ordinators meeting.
20. Evaluation.

At this juncture we thank the well wishes, the staff of the different projects of

KARD, the donors and also the resource persons. Who helped to carryout the activities of

various projects effectively.

###### **Thank you verymuch.**

**DIRECTOR.**