Thirupathisaram & P.o.,

K.K.Dist.

## ANNUAL REPORT -2008

Kanyakumari Rural Development Society abbreviated as KARD has been functioning in Kanyakumari District for the past twenty four years having its headquaters at the village called Thirupathisaram. We have been implementing Rehabilitation programs for the persons with disabilities through our organization. A detailed report activities carried out this year is presented below.

## Aims and objectives of the program:

To prevent disabilities and deformities and thus protect the life of the disabled persons expecially mentally challenged and also to create a means to mainstreaming them by making the community people accept the disabled along with their disabilities.

## Programs of KARD:

* Residential Special School for the mentally challenged.
* Spastic Centre of Kanyakumari.
* Blossom Hostel for the Mental Retardation.
* Kanya Institute on Mental Retardation.
* Ortho cum Physiotherapy Department.
* Resource Development program.
* Community Based Rehabilitation program.

## Activities carried out:

* Providing Special Education.
* To motive the parents of the special children to bring them to the special schools.
* Conducting parents meeting.
* Celebrating feasts and festivals.
* Regular personsal contact.
* Taking the children for outings.
* Providing physio therapy facility to the needed children.
* Conducting co-ordinators meetings.
* Gardening
* Conducting Ealuation.
* Exposure Visits to staff.
* Resource Development.
* Providing the needed appliance to the disabled.
* Staff training.
* Conducting health camps.
* Training of staff.

## ACTIVITIES COMPLETED:

## (a) Providing Special Education:

Inorder to improve the living condition of the disabled- mentally challenged and to daily living skills, and thus make to community people accept the mentally challenged persons and help them live in their own society we have been giving Special Education

to the mentally challenged persons. This year 74 children have been provided special eduation in the special school **‘SPASTI’**. In the **School for the Mentally Retarded**, 56 children have been provided special Education and **Kanya Institute on Mental Retardation** 32 children have been given Special Education. Apart from literacy and numaracy, Activities of daily living skills, name and number concept identification of colours and shapes, the needed therapies, sports and games, recreation, kitchen gardening formed the curriculam. The tabular column below explains the number of children attended the school this year.

|  |  |  |
| --- | --- | --- |
| **S.No.** | **Name of the Special School** | **Number childrens** |
| **1.**  **2.**  **3.** | **SCHOOL FOR THE MEENTALLY RETARDED.**  **SPASTIC CENTRE OF KANYAKUMARI.**  **KANYA INSTITUTE ON MENTAL TRARDATION STUDIES.** | **56**  **74**  **32** |
|  | **Total** | **162** |

## (b) To motive the parents of the special children to briong them to the special schools:

The parents of the special children has been motivated through regular personal

contact to their children to special schools. They have been met at home by our field

staff and they have been explained the need for sending their special children to special

schools and the need for special education and therapies to them. This year 16 new

children have been admitted to all our three special schools.

|  |  |  |
| --- | --- | --- |
| **S. No** | **Name of the Special School** | **Number of new children admitted** |
| **1.**  **2.**  **3.** | **SCHOOL FOR THE MEENTALLY RETARDED**  **SPASTICS CENTRE OF KANYAKUMARI**  **KANYA INSTITUTE ON MENTAL RETARDATION STUDIES** | **4**  **9**  **2** |

## (c) Conducting Parents Meetings:

With the motive to learn the behaviour of the special child at home, and to learn the

home situation of the special child, which helps to prepare curriculam of education in the special school and and also follow up the therapies given in the special school and to make the needed correction, parents have been met at home alongwith their special child. They have been observed and the needed correction basing on our observation has been met once in three months regularly. The parents are attending with interest to learn more about the training skils of their special child. The tabular column below explains the number of parents meetings conducted this year in the respective special schools and the number of parents attended in the meetings.

|  |  |  |  |
| --- | --- | --- | --- |
| **S. No.** | **Name of the Special School** | **Total Parents meeting** | **Total Parents** |
| **1.**  **2.** | **SPASTICS CENTRE OF KANYAKUMARI.**  **KANYA INSTITUTE ON MENTAL TRARDATION STUDIES.** | **4**  **4** | **163**  **121** |
|  | **Total** | **8** | **284** |

School for the Mentally Retarded being a program for abandoned and orphaned

Special Children, we couldnot conduct parents meetings.

## (d) Celebration of feasts and festivals:

Inorder to bringout the talents hidden within the special children, to have fun and

joy, and to celebrate the local festivals and feasts in a meaningful way to reach the

special children. We celebrate feasts and festivals in our special schools.

## 1. Kanya Institute on Mental Retardation Studies:

On 04-04-2008 the School Day for the academic year 2007-2008 was celbrated. Our

Director, Mr.S. Basil Rajan, Presided over the function and Mrs. Shalini, Principal

Spastics Centre of Kanyakumari, Mrs. Jagatha Malar, Principal, School for the mentally

Rearded, felicitated.

On 15-08-2008 Indipendance Day was celebrated Mr. F. YesuRaj presided overy the

function and hoistedt eh National Flag.

On 07-10-2008 Pooja was celebrated in our Special School. The special children

prayed fesvently and presented offerings.

On 12-12-2008, the parents Association of ‘KIMS’, felicitated our Director who

received two National Awards for the year 2007. Public Meeting was conducted in

which, the Parents Association president presided over the function and Rev.----------

felicitated.

On 20-10-2008 the children and the staff of ‘KIMS’ attended the sports day

celebration conducted at ‘SPASTI’. The children won 7 prizes.

## 2. Spastics Centre of Kanyakumari:

World Day of the Disabed was celebrated on 25-01-08 at ‘SPASTI’. Mr.

Radakrishnan, Manager, Cancara Bank, vadasery, presided over the function. He gave

away the prizes to the winners in he sports feliclated.

On 11-04-08 the School Day for the academic year 2007-2008 was celebrated.

On 19-09-08 the Parents Association of ‘SPASTI’ celebrated the receipt of National

Awards by Mr. Basil Rajan, our Director. The parents Association president presided

over the function.

‘World Mental Health Day’ was celebrated in our special school ‘SPASTI’ on 20-10-

2008 in collaboration with District, Legal Aid Cell. The District Judge Mr. T.

Ramaswamy, presided overy the function and Mrs. Jothinirmala IAS, District Collector,

the chief guest, Mr. Anbalagan, local panhayat president, Mr. Ashok padmaraj, Bar

Association President, Mr. Siluvairajan, Parents Association presendent delivered

felicilations.

On 31-10-08 Sports Day was conducted. Dr. Hameed, Rehabilitation officer,

Tsunami Projects presided over the function, delivered the preseidential address and

distributed the prizes. Our school children won 11 prizes nthe sports competetions.

On 19-12-2008 X’mas Day was celebrated children enjoyed the day by staging

cultural programs. Carrol songs wre sung and seets have ben distributed. X’mas gifts

were distributed.

## 3. School for the Mentally Retarded:

On 26-01-2008 Republic Day was celebrated. Mr. Suthir, Asst. Manager, State Bank

of India, Nagercoi, Presided overy the function and hoisted the National Flag. Sweets

were distributed.

On 19-04-2008 School Day for the academic year 2007-2008 was celebrated. Sports

competetions were cnducted Mrs. Nirmala Xavier, presided over the function, delivered

the presidential address and distributed the prizes to the winners of sports competitions

Our Director, Mr. Basil Rajan, Mr. Kanthan, Mr. Vinayagam, attended the function fand

delivered felicitations.

On 15-08-2008 Independence Day was celebrated in our school. Mrs. Rekha,

Advocate presided over the function, and hoisted the National Flag. Mrs. Omana,

attended the function and distributed seets to the children.

On 08-10-2008 Pooja was celebrated in our special school children prayed fervently

to God and gave offerings to ‘Saraswathy’ Goddess of Education.

On 20-10-2008 world Mental Health Day was celebrated in our special school. Mr.

T.V. Mani, Judicial Magistrate presided over the function. Children performed cultural

programs on the stage.

On 31-10-2008, our children attended the ‘Annual Sports Day’ conducted this year

at ‘SPASTI’ and won 8 prizes.

On 14-11-2008 ‘ Children Day’ was celebrated at our school in collaboration with

Lions Club of Parvathipuram. Lions Club Governor Mr.T. Thiagarajan attended the function.Children enjoyed the function.

On 30-10-2008 the Director of KARD Mr. Basil Rajan was felicitated for his getting

the award. The whole team of staff celebrated it and the staff and special children of

school for the Mentally Retarded enjoyed the day.

## (e) Gardening:

Special children are attracted towards plants and flowers. They enjoy the growth of

plants and the blooming of flowers. With the aim to develop their interest in growing

plants, we engage them in the gardening. Raising seedlings, watering the plants,

manuering the plants are some of the works assigned to them.

## (f) Taking the children for outings:

While taking the special children for outings, the children will learn to behave in

common places and also with an intention to take them to see new places to enjoy the scenaries,animals, birds, seas etc. These outings willhelp them develop much in their hebaviour,and attitudes and also the attitude of the community people towards the special children will be changed.

## 1. Spastics Centre of Kanyakumari:

On 07-03-2008 the children of spastic have been taken to sothaavilai Beach, and

sanguthurai, beach two seashore places which is eight kilometers away from Nagercoil.

the children enjoyed the wholw day.

On 16-09-2008, the children of ‘SPASTI’ went on a picnic to Mukadal Dam which is

ten Kilometers away from Nagercoil. From morning till evening the children enjoyed

playing in the gardens.

## 2. Kanya Institute on Mental Retardation Studies:

On 23-08-2008 the Speical Children of ‘KIMS’ enjoyed visiting Vattakotai and

Kanyakumari.-both seashore places. They visited Gandhi Mandapam, and Bagavathy

amman Temple.

## 3. School for the Mentally Retarded:

The special children of school for the Mentally Retarded enjoyed visiting Vattakottai

and Kanyakumari. They visited Gandhi Manapam, Bhagavathy Amman temple and sun

set point also.

## (g) Providing the needed therapies:

In our attempt to correct the deformities and promote mobility, we started giving

physiotherapies to the needed special children. Every day the physiotherapy needed

children were given special care by our physiotherapist and they have been given

regular physiotherapy. Speech and occupational therapies also have been given to

them.

Selvan. Muhesh, Selvan. Manigel Dorf, Selvan. Uthayakumar, Selvan. Seyad Ali, Selvi.Sathyajothi, Selvi. Esakiammal, Selvan. Hassan, Selvan. Manikandan of Spasti have been given regular physitherphy this year.

Selvi. Poonkani, Selvan. Asir, Selvan. Moorthy fo School for the Mentally Retarded

have been attending physiotherapy sessions.

Selvi. Manimehala, Selvi. Thanga Esaki, Selvi. Nathiya, Selvan. Christopher,

Selvan. Hariharan, Selvan. Eswaran, Selvan. Sabariees, Selvan. Kalaiyarasan, Selvi.

Devimeena, Selvi. Suyambukani have been followed up by giving the needed

physiotherapy.

## (h) Conducting Staff meeting / Co-ordinators Meetings / Evaluation:

Inorder to plan, review, and evaluate the activities proposed to do, staff meetings

have been conducted every month. In these meetings, the staff have been enabled to

plan out strateties to carryout the work they have planned.

The co-ordinators met every month to different work they have to implement in their

respective program. The monthly principals meeting discussed the programs and

activities to be carried out in their respeictive special schools. Monthly evaluation was

conducted every month in which, the co-ordinators submitted a report of activity which

they have carried our everymonth. This report the co-ordinators prepare by sitting along

with the respective program staff. The different experience they met while carringout

the activities in their respeictive team discussed n this Evaluations. During the Annual

evaluation the whole staff sit together to review the planned activities in the beginning

of every year. They review each and every activity which they have proposed in the

Activity planner and reviewed how for they have completed? what are all the supporting

factors? what are the obstacles faced? How the staff/team of staff over came it? etc.

have also been dissussed.

## (i) Resource Development:

Spastic Centre of Kanyakumari has raised funds for the van fees for the poor special

children. Well of people from our project area have been contacted for the purpose and

donations have been got from them. In this respect we have collected Rs. 19570/- this

year. Besides this for celebrating functions and feasts, donations have been raised from

the community people and utilized for the prupose.

‘KIMS’ have raised Rs.1380/- as donation and the function and feasts have been

celebrated as sponsored programs by the community people.

School for the Mentally Retarded being a 100% Community Contributed program,

we have received Rs.35100/- as cash donation from the community people. This year

we have got 340 one meal and 22 full day meals.

Mr. Murugesan, has donated 53 steel cups and steel 53 plates, 20 mats, 25 bedsheets

on 04-1-2008.

On 24-01-2008 Mr. Mohan has donated 35towels to our special children.

On 08-02-2008 Mr. Shankar has donated 40 steel cups and steel 40 plates. Mr.

Devadhas on 12-2-2008 has donated 4 bedsheets.

On 16-12-2008 the Lions club of Parvathy has donated a 0.5 W.P. Motor and two

PVC 1000lit tank. Thanks and accessories to provide drinking water special children.

On 06-03-2008 Mrs. Nirmala Xavier has provided school uniform to all the fifty six

children.

On 10-03-2008 Mr. Dhanam and his friends came forward to help our childen by

providing inveter facility to our speicl children.

On 12-04-2008 the 5th Basic Christian community of Mela Ramamputhoor has

donated cooking vessels to prepare food to our special children.

On 14-05-2008 Mr. Merinperinbaraj has donated 5 sets new dress to our special

children.

Mrs. Omana has donated a DVD player four steel buckets for kitchen and four tube

lights on different occasions.

On 15-06-2008 Mr. Mani, Proprietor, Chitra Jewellers, Nagercoil has donated 36

sets of new dress to our special children

On 15-07-2008 Dr. Subramaniam, Bharathi Dental Clinic, Nagercoil, has donated a

Plstic container to store dronbing water to our children.

On 15-08-2008 the members of Samooga Sevai Narpanimandram, Ramanputhoor,

Nagercoil, has donated 30 sets of newdress to our children.

On 08-10-2008 the vadasery, Christopher Bustand Auto Drivers Association has

dnated 56 sets of new dress to our children.

On 20-10-2008 Mr. Durai, Ozhuginaseri, Nagercoil has donated a plastic tank with

1000 litters capacity to store water for our children.

On 13-11-2008 Mrs. Retnavathy Karunakaran, Nagercoil, has donated 16 mats to

our children.

On 02-12-2008 the staff of Kumaran Automobiles Nagercoil has donated 10 mats,

towels, writing materials and play materials to our children.

On 02-12-2008 the proprietor of subbulekshmi Ready mades, Nagercoil, has

donated new dress, one set each to all our 56 children.

On 18-12-2008 the staff team of Indian Overseas Bank, Nagercoil, has donated 8

tubelights.

## (j) Attending of meetings for exposure:

On 07-01-2008 three of our staff attended the meeting conducted by the Federation

of Special Schools for the Mentally Retarded at st. Annes Speical School,

Palayamkottai.

On 11-02-2008 two of our staff attended the meeting of the southzone federation at

st. Annes special school palayamkottai.

On 02-02-2008 all the 18 staff of our special schools attended the kanyakumari

District Special school Managers meeting.

On 19-02-2008 all of our staff with 52 Special childrenattended the statelevel

conference at Nellai, by the Federation.

On 27-02-2008 two of our staff attended the training program on Early Intervention

at Rotary Community Hall by the Distrcit Rehabilitation Department.

Three of our staff accompanied the team from Nagercoil which visited Mohmad

Goiya Memorial Institute for the Mentally Handicapped, Trivandram on 14-03-2008.

On 08-04-2008 two of our staff attended the Federation meetig of Kanyakumari

District Brach which held at Concordia Seminary meeting Hall, Nagercoil.

On 09-04-2008 two of our staff attended the meeting held at District Disabled

Rehabilitation Officer’s Office, Nagercoil, for collecting statistics on the persons with

Disabilities.

On 05-11-2008 six of our staff alongwith the special children attended the sports

day conducted by the District Disabled Rehabilitation Department, Nagercoil. The

Sports meet was conducted at SLB Hr. Sec. School, Nagercoil.

On 24-11-2008 two of our staff attended the planning meeting for the celeberation

of world Disabled Day which was held at the District Disabled Rehabilitation office.

On 05-12-2008 the staff team alongwith the special children attended the world Day

of the Disabled meeting held at Nagercoil by the District Disabled Rehabilitation

Deprtment.

## (k) Staff Traning Program:

Inorder to help the staff do their work more effectively, we have been cnducting

inservice trainings.

On 30-08-2008, the staff of our special schools have been give “Vocational Skills

Training” at our special school ‘spasti’ 18 staff attended the training.

On 22-09-2008 to 27-09-2008 Disability Management Raining” was conducted in

which “Prevention of Disability”, “Rehabilitation of the Disabled”, “Early

Intervention”, Early Identification”, “New born Baby Screening” havebee dealwith staff

have been given “New born Baby Screening” Practical skills.

## (l) Obstacles Faced:

During illness, the children couldnot be taken to the hospital immediately. We

couldnot provide vocational training to the special children in an elaborate manner.

## Our Future Programs:

* Providing Special Education with Vocational training
* To motivate the parents of al the special children to send their children to special schools.
* Staff training/Orientation meetings.
* Celebration of feasts and festivals.
* Regular personal contact.
* Taking the children for outings.
* Providing the needed therapies.
* Resource Development
* Providing to needed Aids and appliances to the children for their mobility.
* Conducting Health camps.

We all know very well that working for the persons with disabilities and that too for the mentally challenged persons is a risky job. Amidst all the risks and difficulties, our staff are rendering a dedicated service to them. We thank them specially for their sincere service. We thank our donors and well wishers, without their help and co-operation we could not have done anything. It is not the money alone which metters, the encouragement, the pattings, the comments which helped us to carryout our work more effectively. We thank the well wishers, the Health And Education Development Association, New Delhi, Economic And Human Resource Development Association, New Delhi, for encouraging us by giving NATIONAL STATUS AWARD FOR SOCIAL DEVELOPMENT-2007, RASTRIYA GAURAV RATAN AWARD -2007 two national awards this year. We thank, the consultants the medical people and the parents of special children for hteir co-operation to run this program. Our sincere thanks to Dr.Swarnappan, Swarna clinic, Kulasekaramputhoor, Dr. Egwin Andand, Andand skin care clinic, Nagercoil. Dr. RexiAnand, Rexi Dental Clinic, Nagercoil, for their co-operation and contribution to our children. A word of thanks to the board members for their guidance and support.

Thanks.

DIRECTOR.