##### *KANYAKUMARI RURAL DEVELOPMENT SOCIETY*

Thirupathisaram-629 901,

K.K. District.

**Annual Report-2010**

KARD has been working with the people of Kanyakumari District for the past 25years having its head quaters at Thirupathisaram, implementing various programs for the rehabilitation of Persons with Disabilities. We are proudly presenting here the report of activities of KARD society during this year 2010.

**Aim of the Project:**

To prevent disabilities by conducting various awareness programs services to the persons with disabilities.

**Project Implemented:**

1. School for the Mentally Retarded – Thirupathisaram.
2. Spastics Centre of Kanyakumari – Nagercoil.
3. Blossom Hostel for the Mentally Retarded- Puliady-Nagercoil.
4. Kanya Institute on Mental Retardation Studies – Aralvoimozhi.
5. Community Based Rehabilitation Program for the persons with disabilities.
6. Resource Development Program.

**Activities Carried out:**

- Providing special Education.

- To bring out the mentally challenged children form their houses by motivating

their parents.

- Conducting of parents meetings.

- Conducting of staff meetings.

- Celebrating feasts and functions.

- To make the children involve themselves in gardening activities.

- Meeting the PWDs and their parents in their home situation.

- Conducting of evaluation /reviews.

- Taking the students for outings.

- Proving Physiotherapy to the needed PWDs.

- Resource mobilization.

- Conducting of Co-oridnators meetings.

- Attending/visiting other project activities of KARD.

- Conducting training programs for staff.

- Providing new mobility appliance and repair facilities.

- Conducting screening /review camps.

- Providing training to the staff of other NGOs.

**Means of Project activities:**

The Project activities have been carried out through the program staff and also with the co-operation of the PWDs, their parents and the community people.

**Activities Completed:**

**1. Providing Special Education:**

With the view to prevent the sufferings of the mentally challenged persons at home and also to prepare them meet their basic needs viz. their mobility, activities of daily living Special Education have been given to the Mentally Challenged children. In this respect, this year we have provided special education to 76 children in ‘SPASTI’,. 64 children in School for the Mentally Retarded and 37 children in ‘KIMS’.

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| --- | --- | --- |
| Sl. No. | Name of the Special School | Number of children attended Special Education. |
| 1. | SPASTI | 76 |
| 2. | SMR | 64 |
| 3. | KIMS | 37 |

**2. To bringout the mentally challenged by motivating their parents:**

The parents of the mentally challenged children are in a vexed state of mind and hence they confine themselves in their homes along with their PWD child. These parents have been motivated to send their children to the special schools and attend special education and the needed therapies. The following tabular columns explain the number of children/parents motivated in the respective target area.

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| --- | --- | --- | --- |
| Sl.no. | Name of the Institution | No. of children parents motivated | Name of the Area |
| 1. | ‘SPASTI’ –Puliady. | 4 | Nagercoil Municipal Area. |
| 2. | ‘SMR’ –Thirupathisaram. | 8 | Thirunelveli and  Kanyakumari District. |
| 3. | ‘KIMS’ –Aralvoimozhi. | 7 | Aralvoimozhi. |
| 4. | ‘Blossom Hostel- Puliady. | 1 | Nagercoil. |

3. **Conducting of Parents meetings:**

In order to make the parents interact and exchange ideas on the problems they face while taking care of their mentally challenged children and to sort our solutions for there problems parents meetings have been conducted in each institution separately every month. These meetings have been conducted accordingly.

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| --- | --- | --- | --- | --- |
| Sl.no. | Name of the Institution | Nature of Meeting | Number of Parents attended | Number of Meetings |
| 1. | ‘SPASTI’ | Quaterly | 172 | 4 |
| 2. | ‘SMR’ | - | - | - |
| 3. | ‘KIMS’ | - | - | - |
| 4. | ‘Blossom’ | Quaterly | 116 | 4 |

4. **Conducting of Staff Meetings:**

Rehabilitation activities needs planning before implementation and review after implementation. These two activities needs discussion and comments on the activity. Hence we conduct staff meetings every month to plan and review their rehabilitation activities in which, the staff of each institution sit together discuss and plan their activities for the whole moth and review the work they carried out. The tabular column below explain with more details.

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| --- | --- | --- | --- | --- |
| Sl.no. | Name of the Institution | No. of staff Meeting Conducted | No. of Staff attended | Nature Meetings |
| 1. | ‘SPASTI’ | 12 | 8 | monthly |
| 2. | ‘SMR’ | 10 | 7 | monthly |
| 3. | ‘KIMS’ | 11 | 6 | monthly |
| 4. | ‘Blossom’ | 36 | 6 | Weekly |
| 5. | Hostel staff Tps | 35 | 6 | Weekly |
| 6. | Principals Meeting | 10 | 3 | monthly |
| 7. | Physiotherapists meeting | 10 | 3 | monthly |
| 8. | Adm. Staff meeting | 12 | 5 | monthly |
| 9. | Wardens Meeting | 9 | 2 | monthly |

5. **Celebration of feasts and Functions:**

Children enjoy performing cultural activities and parents enjoy attending the festivals and feasts in which their children perform cultural events. Meetings like this educates and provide information to the parents when the resource parsons experts in their respective field address these meetings. In this respect we have celebrate four special function celebrated in each institution.

a. **Spastics Centre of Kanyakumari:**

On 26-3-2010 School day was celebrated in ‘SPASTI’ Mr. Sundara Raju IFS (District Forest Officer) Presided over the meeting held in the afternoon and gave presidential address. Mr. L. Subramaniam, Divisional Manager, United India Insurance, Nagercoil, Rev. Sr. Rajam, Superior, sacred Heart of Jesus , Mr. David, United

Insurance India, Nagercoil, were, the other dignitaries attended the function. Sports competitions were conducted to the students and prizes were distributed to the winners. During the public meeting conducted in the evening. Parents and family members of special children attended the meeting to see their children performing cultural event and receiving prizes from the chief guests.

All the three special schools of KARD-“School for the Mentally Retarded”, “SPASTI” and Kanya Institute on Mental Retardation joined together to celebrate Annual Sports Day on 18-9-2009 in which sports competitions we conducted to the students of all the three special schools. This year the sports day was conducted at ‘SPASTI’ which concluded with a public meeting in the evening with prize distribution.

Annual “Mental Health Day’ was celebrated at ‘SPASTI’ on 16/11/2010.

Honorable District Judge Mr. Saravanan MABL Presided over the function and judges Mrs. Pitchammal Bsc BL Mr. Swamynathan ML, Mrs. Joseph Becedict MABL (President Bar Association, Nagercoil) Government Pleaders Mr. Singararajan M.com LLB, Mr. Gurvaiyah BSc BL, are the other dignitaries attended the function cultural program was performed by the special children.

X’mas day was celebrated on 23-12-2010. A special lunch was arranged and the children performed cultural programs. X’mas gift was distributed to the special children

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| --- | --- | --- |
| Sl.no. | Name of the function | Date of the function |
| 1. | School Day | 26-03-2010 |
| 2. | Sports Day | 18-09-2010 |
| 3. | World Mental Health Day | 16-11-2010 |
| 4. | X’mas Day | 23-12-2010 |

**b. School for the Mentally Retarded:**

On 26-01-2010 Republic Day was celebrated Mr. Thaveethu hoisted the nation Flag and distributed sweets to our special children.

School Day was celebrated on 07-03-2010 Mr. Sankaralingam Ex. M.P. and Mrs. Mercy Kamala Malar (Headmister, Govt. Hr. Sec. School, Zion puram attended the public meeting held in the evening. Sports and games were conducted to the children and prizes were distributed to the winners. Children performed cultural programs.

On 18-09-2010 Annual Sports Day was conducted in which all the children from all the three special schools attended. Sports and games were conducted and prizes were distributed to the winners. Mrs Helen Davidson M.P., Mr. Chezhian, Union Councillor, Councillor, Mr. P. Prabhu Kumar, Senior Manager, Indian Overseas Bank, Dr. Swarnapriya, Flower Research Centre, are the dignitaries who attended the function.

On 13-10-2010 world Mental Health Day was celebrated. Mr. T.V. Mani Judicial Magistrate presided over the celebration.

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| --- | --- | --- |
| Sl.no. | Name of the function | Date of the function |
| 1. | Republic Day | 26-01-2010 |
| 2. | School Day | 07-03-2010 |
| 3. | Sports Day | 18-09-2010 |
| 4. | World Mental Health Day | 13-10-2010 |

**C.Kanya institute on Mental Retardation:**

Republic Day was Celebrated on 26-01-2010. Mr. Nagarajan, Vice president, Aralvoimozhi panchayat, and councilor Mr. Murugan attended the function. Flag was hoisted and sweets were distributed.

School Day was Celebrated on 20-03-2010. Judicial Magistrate Mr. T.V. Mani, Rev. Davasahayam, Parish priest, Dr. Subramaniam, Pricipal, Arignar Anna College, Aralvoimozhi, are the chief invitees of the function. Public meeting was conducted and prizes were distributed to the winners of the sports competitions.

Independence Day was celebrated on 15-08-2010. National Flag was hoisted and all the children attended the function.

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| --- | --- | --- |
| Sl.no. | Name of the function | Date of the function |
| 1. | Republic Day | 26-01-2010 |
| 2. | School Day | 20-03-2010 |
| 3. | Independence Day | 15-08-2010 |

6. **Gardening:**

Children enjoy gardening like any other activities and gardening provides involvement and exercise to them. Hence we make them engage themselves in the gardening activities. We make them visit the garden every day and make them observe the growth of flowering plants every day. They enjoy seeing the growth of the plants-growing stage by stage, budding, flowering, ripening of fruits etc.,

**7.** **Regular personal contact with the PWDs and their parents:**

The PwDs, especially the mentally challenged persons and their parents have been met at their residence itself in order to provide the rehabilitation services by keeping in mind their home situation. There visits also help our staff and the parents to learn more and more techniques and skills in providing rehabilitation. This year 468 visits have been made in this Nagercoil Municipal area PWDs; and their parents. 383 parents and PWDs have been met in the Thovalai area, and a total of 528 visits have been made by our staff to the mentally challenged children and their parents in their home situation itself.

**8.** **Evaluations:**

Inorder to review the months work and to plan out the work for the next month, the program staff. In this review, the works planned for the whole month, completed work, the un completed works during the month, the supporting factors to complete the work, the errors committed while implementing the activities the methods to be followed during the next phase etc., have been discussed. The following tabular column states the details of review meetings conducted by our staff in each program.

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| --- | --- | --- |
| Sl.no. | Name of the Program | Total reviews conducted |
| 1. | SPASTI | 10 |
| 2. | SMR – Special school (Res.) | 12 |
| 3. | KIMS | 11 |
| 4. | BLOSSOM Hostel | 12 |
| 5. | SMR Hostel (Res.) | 12 |
| 6. | Ortho Dept. | 10 |
| 7. | Principals | 10 |
| 8. | Hostel Wardens | 9 |
| 9. | Administrative staff | 12 |

**9. Taking the children for outings:**

The special children have been taken for outings to teach them how to behave in public places, while they go away from their homes and schools, to see new people and places and thus enjoy with their school friends and teachers. Children have been made to recall the sweet memories and experiences they enjoyed during their outings, in the class room along with the other friends in their class who also accompanied in their outings.

On 27-2-2010, the children of ‘SPASTI’ were taken to Kanyakumari and vattakattai. On 15-04-2010 they visited Uthayagiri Kottai- a place which is twelve kilometers away from their place, which has a mini zoo, and aquarium etc., on 06-11-2010, the children were taken to Muttom a seashore which is twenty kilometers away from out place.

On 15-4-2010, children of ‘School for the Mentally Retarded’ have been taken to ‘Uthayagiri Kottai’ a place which is fifteen kilometers away from our place. The place has a mini zoo aquarium and also it is a place noted for heritage.

On 24-10-2010 the special children of School for the Mentally Retarded visited ‘Muttom beach’ a place twenty Kilometers away from out place.

On 21.02.2010 Special children of KIMS special school visited Mukkoodal Dam- a hilly area which is noted for sceneries and natural waterfalls. Which is twenty kilometers away from their place. The picnic was highly informative and children enjoyed seeing the place along with their teachers.

**10. Providing physiotherapy to the special children:**

We have been providing physiotherapy to the needed special children, in all the three special schools. This helps to minimize their disability, helps to promote their mobility etc 4 children from school for the Mentally Retarded, seven children for ‘SPASTI’ and eleven children from ‘KIMS’ have been given physiotherapy this year by our physiotherapists. The therapies have been given everyday regularly, we could see some improvement in their mobility.

**11. Local Contribution:**

We have been collecting donations from the local donors and well-wishers in cash as well as in kind. Since School for the Mentally Retarded is anew kind of approach run purely with local contributions. We could attract quite a good number of local donors this year. We could tap Rs.23370/- as cash during the whole year. 386 well-wishers have donated on meal and 35 people have donated meals for the whole day. Since the School for the Mentally Retarded is a residential special school, we have been accepting in kind donations also- dress-(both used and new) medicines, Play materials, kitchen utensils, and vessels, and other materials like toilet soap, plastic chairs, oil, plastic bucket, plates and cups, are some of the things we received this year. We have acknowledged on receiving the materials and money.

**12. Co-oridnators meeting:**

We have conducting co-ordinators meeting every month to review the whole activities of the program in which all the program co-ordinators attended and present a report of activities executed during the previous month and the activities to be carried out during the next month was also reported. This helps in developing the staff and the program activities in their need based planning and proper implementation of the rehabilitation activities.

**13. Visiting the other Programs of KARD:**

In order to learn and understand the various rehabilitation activities of KARD the staff of on program visits the other program of KARD. Thus they can improve their program activities and also help KARD administration to follow up the activities of KARD form the staff point of view.

**Future Programs:**

- Regular personal visits.

- Collection of statistics.

- Conducting PWD/ Parents meetings

- Providing special Education.

- Conducting of staff meetings

- Conducting of evaluation and reviews.

- Celebrating of feasts and festivals.

- Fundraising/Local Contribution.

- Conducting of Co-oridnators meetings.

- Taking the childrens for outings.

- Visiting other programs of KARD.

- Staff Training.

- Providing aids and appliance.

- Conducting screening /review camps

- Staff exposure visits.

- Availing o Govt. schemes to the PWDs.

- To bring the special children out of their homes.

It is our duty thank people who helped to implement the rehabilitation activities of KARD. During the year 2010.

We thank the donors and well wishers for their generosity without which we could not have achieved success in our work.

Our sincere thanks goes to the PWDs and their parents for their co-operation for our rehabilitation activities.

A big thanks for the Board of management of KARD for their guidance and support.

Thanks.

DIRECTOR.