##### *KANYAKUMARI RURAL DEVELOPMENT SOCIETY*

Thirupathisaram-629 901,

K.K. District.

**Annual Report-2011**

We are happy to present the activity report of KARD in which we have made intervention in the lives of persons with disabilities of our project area – Kanyakumari District. We have been working with the people of Kanyakumari District for the past 26years having its head quaters at Thirupathisaram, implementing various programs for the rehabilitation of Persons with Disabilities.

**Aim of the Project:**

To prevent disabilities by conducting various awareness programs services to the persons with disabilities.

**Project Implemented:**

1. School for the Mentally Retarded – Thirupathisaram.
2. Spastics Centre of Kanyakumari – Nagercoil.
3. Kanya Institute on Mental Retardation Studies – Aralvoimozhi.
4. Community Based Rehabilitation Program for the persons with disabilities.
5. Resource Development Program.

**Activities Carried out:**

- Providing special Education.

- To bring out the mentally challenged children form their houses by motivating

their parents.

- Conducting of parents meetings.

- Conducting of staff meetings.

- Celebrating feasts and functions.

- To make the children involve themselves in gardening activities.

- Meeting the PWDs and their parents in their home situation.

- Conducting of evaluation /reviews.

- Taking the students for outings.

- Proving Physiotherapy to the needed PWDs.

- Resource mobilization.

- Conducting of Co-oridnators meetings.

- Attending/visiting other project activities of KARD.

- Conducting training programs for staff.

- Providing new mobility appliance and repair facilities.

- Conducting screening /review camps.

- Providing training to the staff of other NGOs.

**Means of Project activities:**

The Project activities have been carried out through the program staff and also with the co-operation of the PWDs, their parents and the community people.

**Activities Completed:**

**1. Providing Special Education:**

With the view to prevent the sufferings of the mentally challenged persons at home and also to prepare them meet their basic needs viz. their mobility, activities of daily living Special Education have been given to the Mentally Challenged children. In this respect, this year we have provided special education to 89 children in ‘SPASTI’,. 58 children in School for the Mentally Retarded and 36 children in ‘KIMS’.

**2. To bringout the mentally challenged by motivating their parents:**

The parents of the mentally challenged children are in a vexed state of mind and hence they confine themselves in their homes along with their PWD child. These parents have been motivated to send their children to the special schools and attend special education and the needed therapies.

3. **Conducting of Parents meetings:**

In order to make the parents interact and exchange ideas on the problems they face while taking care of their mentally challenged children and to sort our solutions for their problems parents meetings have been conducted in each institution separately every month. These meetings have been conducted accordingly- monthly, bymonthly, fortnightly etc. Individual parents alsohave been met at their home and also in the special school and hlped to tackle the problems they face while taking care of the special child.

4. **Conducting of Staff Meetings:**

Rehabilitation activities needs planning before implementation and review after implementation. These two activities needs discussion and comments and suggestions on the activity by the collegues . Hence we conduct staff meetings every month to plan and review their rehabilitation activities in which, the staff of each institution sit together discuss and plan their activities for the whole moth and review the work they carried out.

5. **Celebration of feasts and Functions:**

Children enjoy performing cultural activities and parents enjoy attending the festivals and feasts in which their children perform cultural events. Meetings like this educate and provide information to the parents, when the resource persons- experts in their respective field address these meetings. We have celebrated as many programs, functions in each school to make the children and the parents enjoy.

Feasts like X’mas day, Depawali, Annualday, Sports day, Pongal etc., have been celebrated in each school accordingly.

**6. Gardening:**

We concentrate on the intellectual growth of our children for which we make them visit our gardens in special school campus every day. Children enjoy seeing flowers and fruits in the garden and this provides involvement and exercise to them. Hence we make them engage themselves in the gardening activities.

**7. Regular personal contact with the PWDs and their parents:**

The PwDs, especially the mentally challenged persons and their parents have been met at their residence itself in order to provide the rehabilitation services by keeping in mind their home situation. These visits also help our staff and the parents to learn more and more techniques and skills in providing rehabilitation. This year our staff have visited our special school chidren in their home situation 1569 times.

**8.** **Evaluations:**

Inorder to review the months work and to plan out the work for the next month, the program staff alongwith the fellow staff sit together and plan out and review their work every month . The Director also attend ed these evaluations /review and planning meetings and gave the needed directions.

**9. Taking the children for outings:**

The special children have been taken for outings to teach them how to behave in public places, while they go away from their homes and schools, to see new people and places and thus enjoy with their school friends and teachers. Children have been made to recall the sweet memories and experiences they enjoyed during their outings, in the class room along with the other friends in their class who also accompanied in their outings. All the three school children have been taken to places like Thirparappu, Kanyakumari, Sothavilai Beach, Muttom, Pechiparai, Perunchani etc. atleast three picnics this year for each special school.

**10. Providing physiotherapy to the special children:**

We have been providing physiotherapy to the needed special children, in all the three special schools. This helps to minimize their disability, helps to promote their mobility etc children who need physiotherapy accompanied by their parents and their parents have also been taught these physiotherapy skiles to be given at their home . This helps us to make the parents involve in the rehabilitation activities.

**11. Local Contribution:**

We have been consentrating on the community involvement in the rehabilitation activities right form the beginning of our organization. We raise funds for each and every activity wchich we carried out in our institutions. All the feasts and functions have been celebrated purely with local contribution . People donate in cash aswell as in kind.

**12. Visiting the other Programs of KARD:**

Our staff have visited the other institutions of our organsation to learn and understand the activities, the skiles/techniques they implement while carring out the rehabilitation activities. This helps them to improve their work .

**Future Programs:**

- Regular personal visits.

- Collection of statistics.

- Conducting PWD/ Parents meetings

- Providing special Education.

- Conducting of staff meetings

- Conducting of evaluation and reviews.

- Celebrating of feasts and festivals.

- Fundraising/Local Contribution.

- Conducting of Co-oridnators meetings.

- Taking the childrens for outings.

- Visiting other programs of KARD.

- Staff Training.

- Providing aids and appliance.

- Conducting screening /review camps

- Staff exposure visits.

- Availing o Govt. schemes to the PWDs.

- To bring the special children out of their homes.

It is our sincere duty to thank our wellwishers , parents of the special children , the community people for their help to our program .

We thank the donors and well wishers for their generosity without which we could not have measured our success in our work.

Our sincere thanks goes to the PWDs and their parents for their co-operation for our rehabilitation activities.

We also thank our Board of management of KARD for their guidance and support.

Thanks.

DIRECTOR.